

Occupational Therapy Preschool Parent Letter  
Week #3 (04/06/2020 to 04/13/2020)

Hello Preschoolers and parents, I hope you are doing well.

I just wanted to reach out and say hello to all of you. I can't express how much I miss working with your little preschooler.

I hope you received the email I sent last week as well. Please feel free to email me at anytime at [amcanally@eastwoodschools.org](mailto:amcanally@eastwoodschools.org)

Hopefully, you all received the preschool packets I created prior to the school closure. We are now on week #3.

- Have your child cut lines or simple shapes. Please be careful with using the scissors. We don't want anyone sporting a new hairstyle on Easter!! Please encourage scissors to be positioned in a thumbs up position.

To grade this activity, you can assist with the cutting or just have him/her cut across paper if following a line is too complicated.

- I hope you have a pair of tweezers or tongs. Have your child pick up small items with the tweezers.
- Choose an activity from the Finger Isolation page.
- I included a video with directions for an Egg Activity.

This activity requires an egg shape drawing on an 8X10 piece of paper, a plastic easter egg and paint. If you do not have paint, you can make paint using the following ingredients: (I have not tried this yet, so beware!!)

1 cup salt

1 cup flour

1 cup water

Food coloring

Mix all ingredients together and place in an airtight container or bottle

Have your child open the Easter egg. Squirt the paint on a paper plate and place on the non-dominant side of your child. Holding 1/2 of the egg, have your child cross midline to saturate the rim of the egg in the paint, then

print in on the egg drawing. Do this until the drawn egg is covered with circles. Let the egg drawing dry. Once dry, have your child practice lines, shapes and letters of his/her name in the circles on the egg.

Have fun with this activity!!

Have a very nice Easter.  
Stay happy and healthy!!

Hugs,  
Miss Amy