**Occupational Therapy Preschool Parent Letter**

**Week #6 (4/27/2020 to 05/03/2020)**

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Hello Preschoolers and Parents, I hope you had a nice weekend. We are now entering the 6the week of Distance Learning.

Hopefully, your child will enjoy the following activities:

**Tweezers & Tongs Candy Time :** For this activity you will need to either print the attached sheet or draw circles on a paper, tongs or tweezers and small items such as pompoms, cherrios or beads. Have your preschooler use the tongs/tweezers to pick up the small items and place in the “candy dish”. Have him/her count the number of items.

By placing the small items to the non-dominant side, you can have your child cross midline to pick up the items. This activity works on palmar development and hand strength.

**Name Activity:** Have your preschooler print or copy his/her name. Have him/her place stickers, pieces of paper, cherrios on the lines of his/her name. This works on reinforcing his/her letter formation and pincer skills.

**Additional Fun for a Movement Break:** Go to this Youtube site to dance along with **“Baby Shark Dance”!!**

<https://www.youtube.com/watch?v=XqZsoesa55w>

Please feel free to contact me using the following email address: amcanally@eastwoodschools.org

Thank you and have a fantastic week!

Miss Amy,OT