

Occupational Therapy
Preschool Website Communication
Week 2: 03/30/2020 to 04/03/2020

Hello Parents and Sweet Little Preschooler,
First of all, I just want to say that I miss working with your child so much. The preschoolers hold a special place in my heart, so please give a hug to them from me!

As this distance learning continues, I will be communicating to you through this website and posting communication letters and OT activities to complete with your child. Please feel free to email me at any time at amcanally@eastwoodschoools.org I would love to hear from you.

We are now in the 2nd week of distance learning. In your OT packet that you picked up from the school, please complete the activities for week #2.

Turtle Activity: You will need the Turtle worksheet, crayons, green construction paper and glue for this activity. Everything is included in your preschool packet, except the glue. Have your preschooler color the turtle's face. Then, have him/her tear the paper into small pieces and glue onto the turtle.

This activity addresses pre-cutting (tearing), bilateral and strengthening skills. For those of you working on midline crossing, place the torn paper on one side of your child and have them reach across midline to obtain the paper with the opposite hand.

Rainbow Arch: You will need a large piece of paper or newspaper for your child to sit on and a variety of markers or crayons. Give him/her a marker/crayon to make a large arch on the paper from the left side of his/her body to the right. He/she can use different colors to make the arch look like a rainbow.

This activity works on core strength, midline crossing and body awareness skills.

Finger and Strength Activities: Choose at least one activity from the Finger and Strength sheet that was sent with your packet. You can do as many as these as you like!

Thank you for your assistance with these activities. Working together, our little preschooler's motor development will continue.

Have a happy and healthy week!

Amy McAnally (Miss Amy)
Occupational Therapist