

# School is not in session...

How can my child work on his/her speech & language skills?

## If your child is working on **speech sounds**...

(what we usually focus on in speech-language therapy is increasing awareness of the target sound in words, and getting a high number of correct productions)



First, check your child's IEP or other paperwork to make sure you know which sounds or patterns your child is working on, and what position or level (ex: L in the beginning of words & short sentences, S at the end of words, or final consonants in words). Keep in mind that you will want to practice one sound or pattern at a time.

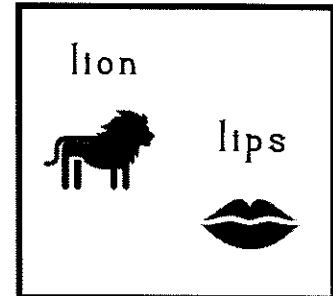


Make (or search online) for a list of words with your child's sound(s) in the right spot. Try to find a list of at least 10-20 words that are fairly common one- or two-syllable words, and write them down. You can have your child draw a picture next to each one - you will use this list to practice later! (You can also use index cards to create your own flashcards.)

Helpful websites for lists:

<https://www.home-speech-home.com/speech-therapy-word-lists.html>

[http://mommyspeechtherapy.com/?page\\_id=55](http://mommyspeechtherapy.com/?page_id=55)



Spending 5 minutes a day (or every other day) practicing your child's sounds can be very effective! You can have your child say each word on your list 5 times each correctly, make up a simple or silly sentence for each word, or incorporate some of the following activities to make it more fun!



Pull out a board game (checkers, Sorry, etc.) or a puzzle, and have your child say a target word 5 times before taking a turn or adding a piece to the puzzle.

Find some dice, and take turns saying a target word the number of times that comes up on the dice. Each person then receives that many "points" - keep a tally and declare a winner at the end!



Read a book together, and listen for words with your child's target sounds. Practice the words on each page.

You may need to remind your child how to make the sound; say, "Look at my mouth! See how I do X to make this sound? Let's look in a mirror together. Now you try!"

Name: \_\_\_\_\_

# Speech & Language Therapy March Articulation Homework

& April ☺

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Make your own!

Word List

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>15 PRACTICE:</b> Choose 5 words from your sound list and say them 7 times each.	<b>16 PLAY &amp; SAY</b> Play a board game with a family member or friend. On every turn, say a word with your sound two times.	<b>17 TALK &amp; WALK:</b> Take a walk with a parent or friend. As you walk, talk about your day using your good speech sounds.	<b>18 LISTEN UP!</b> Watch a movie and listen for 10 words that have your sound in them. Practice saying the words three times each.	<b>19 MOVE IT!</b> Do 20 toe touches. After every five, say a word with your sound three times.	<b>20 READ A BOOK</b> and look for words that start with your sound. Choose three words and say them out loud five times.	<b>21 SAY IT SILLY:</b> Choose five words that start with your sound and say them like you are a little baby.
<b>22 PRACTICE:</b> Choose 4 words from your sound list and say them 10 times each.	<b>23 PLAY &amp; SAY</b> Play a game of 'I Spy' with a friend. As you are asking questions, use your best speech sounds.	<b>24 TALK &amp; WALK:</b> Take a walk with a parent or friend. As you walk, talk about your friends using your good speech sounds.	<b>25 LISTEN UP!</b> Listen to a song and listen for three words that have your sound in them. Say them each five times.	<b>26 MOVE IT!</b> Jump up and down 10 times, say a word with your sound each time you jump.	<b>27 READ A BOOK</b> and look for words that contain your sound. Choose three words and say them out loud five times.	<b>28 SAY IT SILLY:</b> Choose five words that start with your sound and say them like you are angry.
<b>29 PRACTICE:</b> Choose 7 words from your sound list and say them 3 times each.	<b>30 PLAY &amp; SAY</b> Play a game of Tic-Tac-Toe with a family member or friend. Each time you draw an 'X' or an 'O' say a word with your sound.	<b>31 TALK &amp; WALK:</b> Take a walk with a parent or friend. As you walk, talk about an animal you'd like as a pet using your good speech sounds.	<b>1 LISTEN UP!</b> Listen to a conversation your friends or family are having. Listen for three words with your sound in them and say them three times each.	<b>2 MOVE IT!</b> Hop on one foot five times. Stop, then make up a silly sentence that has your sound in it. Repeat three more times.	<b>3 READ A BOOK</b> and look for words that start with your sound. Choose three words and say them in sentences.	<b>4 SAY IT SILLY:</b> Choose five words that start with your sound and say them very quickly- like a cheetah!
<b>5 PRACTICE:</b> Choose 5 words from your sound list and say them 5 times each.	<b>6 PLAY &amp; SAY</b> Play a game of tag with a friend. When you tag someone or are tagged, say a speech word five times really quickly.	<b>7 TALK &amp; WALK:</b> Take a walk with a parent or friend. As you walk, talk about when you want to do when you grow up using your good speech sounds.	<b>8 LISTEN UP!</b> Watch a TV show and listen for five words that have your sound in them. Practice saying them three times each during commercials!	<b>9 MOVE IT!</b> Hold your arms out to the side and move them in circles. Say five words with your sound, then do the exercise the opposite way.	<b>10 READ A BOOK</b> and look for words that start with your sound. Choose three words and say them out loud five times.	<b>11 SAY IT SILLY:</b> Choose five words that start with your sound and say them in a silly voice!
<b>12 PRACTICE:</b> Choose 6 words from your sound list and say them 4 times each.	<b>13 PLAY &amp; SAY</b> Play a card game with a friend. On each turn, say a word with your sound in it two times.	<b>14 TALK &amp; WALK:</b> Take a walk with a parent or friend. As you walk, talk about your favorite memory using your good speech sounds.	<b>15 LISTEN UP!</b> Listen to the radio and find five words that have your sound in them. Say them three times each.	<b>16 MOVE IT!</b> Do 15 mountain climbers. After every five, use one of your words in a sentence.	<b>17 READ A BOOK</b> and look for words that contain your sound. Choose three words and say them out loud five times.	<b>18 SAY IT SILLY:</b> Choose five words that start with your sound and say them like a robot.