

Speech Therapy News

Eastwood Eagles Edition: Week 3

March 30 - April 3, 2020: This week the focus is on Spring! Let's hope the weather starts to catch up to the calendar soon!! :) I hope you have a wonderful week! Love, Miss Becca/Mrs. Perkins

Language Activities

Preschool & Kinders:

Identifying and labeling common objects and pictures is so important! Here are words with pictures and a fun story to practice labeling!

Kinder through 4th Graders:

One-sheet Language Lessons - there are two levels (one for K-2 and one for 3rd and 4th graders). I have attached an explanation sheet for the instructions.



Social Skills

Preschool & Kinders:

Identifying and labeling emotions with emojis! :)

1st through 4th Grade:

One Sheet Social Skills Practice

Keep talking and making conversations!! Have fun! :)

Speech Sounds

All Students: Using the Spring Word List (and other words!), play "Roll and Color" by saying the target word, rolling the die, and coloring that many pictures! **OR** you can color one picture for every word said - that's **100 WORDS!!!**



Communication Facts:

What is Speech-Language Therapy?

Speech or language therapy works to increase a child's ability to communicate clearly and effectively. This can focus on the physical production of sounds or the content of what is being said.

Your Child's Goals:

Each year, we sit down as a team and develop an Individualized Education Plan (IEP) for your child. Goals are based on the progress they have made and their educational needs that still benefit from support and specialized instruction. The goal of speech therapy is to close the communication "gap" and help your child to access their curriculum as independently as possible!

On March 13, 2020 I sent home a packet of information and speech activities that was geared to your child's targets. On the front page of this of this packet was a letter that included your child's current IEP goals for speech and language.

If you would like another copy of their IEP or a list of their current goals sent to you - please email me at rperkins@eastwoodschoools.org and I will send them to you! :)



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"Live as if you were to die tomorrow. Learn as if you were to live forever."

- Mahatma Gandhi

Cooking up Speech!

Sometimes there is nothing better than cooking up some memories in the kitchen as a family! Cooking provides so many language opportunities:

- identifying and labeling tools and ingredients
- answering questions - "what's next?"
- describing how the food tastes and looks
- sequencing the steps

This first week, we're making English Muffin Pizzas! Please send me a picture of your kitchen creations! :)



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Important Message:

Hello, I just wanted to say **thank you** for all of your help and support as we navigate this new way of learning together! I will be sending everything through email - with new packets coming every Monday morning. Please continue to check your email and do not hesitate to reach out!! **Thank you!!**

This Week's Focus:

Speech and Language at Home:

Children with language impairments have difficulties answering questions. Try these tips for asking your child about their day.

- Asking a question, such as "how was your day?" may be too broad and overwhelming. Try a concrete question such as, "what book did you read today?"
- Prompt your child using specifics from the day.
- Try open ended questions such as "tell me about when you played outside" to encourage more than one word responses.

Strategy to Try: Modeling

Modeling is doing or saying what you would like your child to do or say in a certain situation. It sounds simple, yet modeling is one of the most effective strategies in an SLP's toolbox. Model during...

- **Play** - label the toys your child is playing with. Self-talk about the activity you are doing, "put the blocks on top" and "the car goes vroom!"
- **Snack** - model requesting more food, "I want more please."
- **Frustrations** - model appropriate words for frustration, "I'm mad."

